December 2020

The Residence of Willow Lane

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 – 10:30 Good Morning! Stretches / Walks : One to One. Happy Hour Music Cart Greeting Cards 10:30 – 11:30 Whiteboard Games= Word In Word Tis The Season… 2:00 – 4:00 Hand bell Choir + Arm Chair Travels – North Pole + Fruit Water	2 9:30-10:30 Morning Seated Yoga / Strolls and Rolls / Happy Hour Music Cart – Art 10:30 – 11:30 Holiday Flowers PGH - Light up for the Holidays Let's Reminisce. 2:00 – 4:00 1:1 Hand Massage & Nail Care+ Guided Imagery Crisp Scents of the Season + Season's Greetings Drink	3 9:30-10:30 Decorate & Tidy Deck The Halls with Window Clings– Tapping Toes & Fingers / 1:1 / Snowflake facts Happy Hour Music Cart 10:30 – 11:30 Trivia On The Move + Old Wives Tales w/ Susie Do not forget to H20 2:00 – 4:00 Word Definitions + Reader's Digest Large Print	4 9:30 – 10:30 It's a fine frosty Day! This Day In History! Strolls and Rolls 1:1 Room Visits – Happy Hour Music Cart 1030 – 11:30 Famous Faces: Bing Crosby & Danny Kaye 2:00 – 4:00 National Cookie Day Fresh baked Social + Recipes The British Baking Show Reminisce – Holiday Baking!	5 Walt Disney Saturday 9:30 – 10:30 History of Walt Disney's Legacy & Life 10:30 – 11:30: Bodies in Motion To Happy Disney Tunes + Seasonal Art + Show N Tell Antiques 2:00 – 4:00 Afternoon Matinee: A Disney Movie Time
6 10:00 – Good Morning Sunday! Room Visit 1:1 Evergreen Holiday Tree Week – Let's Decorate! What is your favorite carol? Pick one that has a Pine Tree 2:00 Spiritual Service – Church Service – TV or Streamed 3:00 Chat: History of St. Nick	7 9:30 – 10:30 Hello Sunshine Happy Hour Music Cart – Symphonic Sounds This Day In History: Pearl Harbor Memorial 10:30 – 11:30: History: 12 Days of Christmas Song – Seated Scarf Dancing. 2:00 – 4:00: Socially distant Prize Bingo or Picture I D Game	8 9:30 – 10:30 Good Morning! Stretches / Walks : One to One. Happy Hour Music Cart Greeting Cards 10:30 – 11:30 Whiteboard Games= Ho – Ho- Hangman 2:00 – 4:00 Hand bell Choir + Arm Chair Travels – Germany + Fruit Water	9 9:30-10:30 Morning Seated Yoga / Strolls and Rolls / Happy Hour Music Cart – Art 10:30 – 11:30 Family Traditions Humorous Holiday Tales Let's Reminisce 2:00 – 4:00 1:1 Hand Massage & Nail Care+ Guided Imagery Crisp Scents of the Season + Season's Greeting Drink	10 9:30-10:30 Decorate & Tidy Up for the Holidays Word Puzzles & Dominos 1:1 Happy Hour Music Cart 10:30 – 11:30 Balloon Hockey w/ Susie 2:00 – 4:00 Season of Light Hanukkah + Potato Latkes w/ Applesauce Snack & Water Hanukkah Begins	11 9:30 – 10:30 It's a fine frosty Day! This Day In History! Strolls and Rolls 1:1 Room Visits – Happy Hour Music Cart 1030 – 11:30: Famous Faces: Santa Claus – Father Christmas Where did St. Nick come from? 2:00 – 3:00 Comedy Hour Lucille Ball and Carol Burnett 3:00 – 4:00 Seasonal Craft	12 Last Man on the Moon Day 9:30-10:30 Happy Hour Cart with songs About The Moon… 10:30 – 11:30 Moon Exploration Video + Moon Toss + Moon pies 2:00 – 4:00 Full Moon Funnies…
13 10:00 Sunday A.M Good News Around The World Room visits. Famous Old Time Hymns 2:00 Church Service – TV or Streamed 3:00 The Mormon Tabernacle Choir – You Tube Concert	14 9:30 – 10:30 Magic Monday! Daily Chronicles & Good News Stories – Wrist & Ankle Rolls w/ Happy Hour Music Cart 10:30 – 11:30: Snow Man Knock em' Down Game + Fun Festive Facts 2:00 – 4:00: Socially distant 5 Card Bingo Game w/ Candy Treats	15 9:30 – 10:30 Good Morning! Stretches / Walks : One to One. Happy Hour Music Cart Greeting Cards 10:30 – 11:30 Whiteboard Games= Xmas Spelling Bee 2:00 – 4:00 Hand bell Choir + Tour Famous Churches + Fruit Water	16 9:30-10:30 Morning Seated Yoga / Strolls and Rolls / Happy Hour Music Cart – Art 10:30 – 11:30 Holiday Flowers PGH - Light up for the Holidays Let's Reminisce. 2:00 – 4:00 1:1 Hand Massage & Nail Care+ Guided Imagery Crisp Scents of the Season + Season's Greeting Drink	17 9:30-10:30 Scavenger Hunt Capture The Elf on the Shelf Happy Hour Music Cart… 10:30 – 11:30 Show off your Holiday Ugly? Sweater Learn Tai-Chi 2:00 – 4:00 Ice Cream Floats Cherry and Lime or Red & Green. Show N Tell - Music Box & Snow Globes	18 9:30 – 10:30 It's a fine frosty Day! This Day In History! Strolls and Rolls 1:1 Room Visits – Happy Hour Music Cart 1030 – 11:30 : Would you Rather Game 2:00 – 4:00 Holiday Movie of your choice…Suggestion Anything from Hallmark channel is divine! Warm your heart time	19 Ebenezar Scrooge B-Day 9:30 – 10:30 Room Visits w/ Happy Hour Music Cart Walking Window Gazing + Room Visits. Bodies in Motion – 10:30 – 11:30 Charles Dickens Biography 2:00-4:00 Movie Matinee: "Scrooge"
20 10:00 – 1:1 Room Visits – Winter Weather Warmth Do you need another blanket? 2:00 Church Service – TV or Streamed 3:00 Chat & Snack Holiday Social.	21 9:30 – 10:30 Happy Music Cart – Letter's to Santa by Children Around the World 10:30 – 11:30: Ice Fishing Game - Catch A Fish 2:00 – 4:00: Socially distant Bingo or Lottery Game – Pick a Number for a White Elephant Present? Winter Begins	22 9 :30 – 10:30 Good Morning! Stretches / Walks : One to One. Happy Hour Music Cart Greeting Cards 10:30 – 11:30 Whiteboard Games= Grinch's Math Quiz 2:00 – 4:00 Hand bell Choir + Arm Chair Travels – France + Fruit Water	23 9:30-10:30 Morning Seated Yoga / Strolls and Rolls / Happy Hour Music Cart – Art 10:30 – 11:30 Holiday Flowers PGH - Light up for the Holidays Let's Reminisce. 2:00 – 4:00 1:1 Hand Massage & Nail Care+ Guided Imagery Crisp Scents of the Season + Season's Greetings Drink	24 9:30-10:30 Morning Stretch & Ankle rolls / 1:1 Adult Coloring Wacky Words Reindeer Snacks 10:30: Story of the Nativity 2:00 – 4:00 Spiritual Service Reading of T was The Night Before Christmas Egg Nog will be served.	25 It's a Fine Frosty Christmas Day! This Day In History – Merry Christmas – Christmas Traditions Around The World – Holiday Music – Delicious Treats. Show N Tell – Mechanical Toy Shop. All day Happy Hour Cart….+ Virtual Visits scheduled… Christmas	26 How it's Made Day! 9:30 – 10:30 Room Visits w/ Happy Hour Music Cart – Bodies in Motion Chair Yoga Sensory Awareness 10:30 – 11:30 – How it's Made Video's = Your choice! 2:00 – 4:00 Rest and Relax Day After Christmas …Movie Boxing Day (Canada) Kwanzaa Begins
27 10:00 – 1:1 Room Visits – Sunday Stretch – Walks 2:00 Church Service – TV or Streamed 3:00 Chat & Snack: New Years Resolutions…	28 9:30 – 10:30 Fake Money Monday…Laughable Gifts Walks + Happy Hour Music Cart 10:30 – 11:30 Free For All Trivia +Exercise w/ Susie 2:00 – 4:00: Hi / Low Cards Black Jack or War w/ Large Playing Cards	29 9:30 – 10:30 Good Morning! Stretches / Walks : One to One. Happy Hour Music Cart Greeting Cards 10:30 – 11:30 Whiteboard Games: Holly Daze Picture I.D. Pictionary 2:00 – 4:00 Hand bell Choir + Arm Chair Travels – Italy + Fruit Water	30 9:30-10:30 Morning Seated Yoga / Strolls and Rolls / Happy Hour Music Cart – Art 10:30 – 11:30 Holiday Flowers PGH - Light up for the Holidays Let's Reminisce. 2:00 – 4:00 1:1 Hand Massage & Nail Care+ Guided Imagery Crisp Scents of the Season + Season's Greetings Drink	31 9:30-11:30 Celebrate! Strut Your Stuff into a New Year Exercise and Dance. Resolutions – Noise Makers and Hats Parade! New Year's Pretzels to Enjoy + Bubbly Drink 2:00 – 4:00 Happy 2021! Happy Hour Cart / Count Down W Guy Lombardo New Year's Eve	Happy Holidays! Virtual Visits with FaceTime – Skype and Facebook can be scheduled by calling or E-Mailing… Deborah Scheer – Activity Coordinator at 412-875-1606 dscheer@willowsseniorliving.com Happy Holiday's from the Activity Team Susie Arnold – Activity Assistant Dawn Rhodes – Activity Assistant / Van Driver Activity Changes and/or possible Group Locations will be posted Daily.Have a Joyful and Healthy Holiday & Happy 2021 – NewYear	